



# Tobacco Treatment Specialist Core Training

## Training Overview

The TTS Core Training is an intensive 4-day, in-person, evidence-based training program. The training is designed for persons who work with tobacco/nicotine dependent clients or deliver tobacco treatment services within a healthcare or community setting.

## You'll Be Able To:

- Understand the biological, psychological, and social determinants of nicotine addiction to better treat tobacco users
- Explore the role of a TTS
- Review and demonstrate motivational interviewing strategies and skills
- Apply evidence-based pharmacological treatment approaches
- Build skills to enhance behavioral interventions
- Address treatment planning and relapse prevention for tobacco treatment

## Training Prerequisites:

- Participants must successfully complete the UMass Basic Skills for Working with Smokers online course before attending the training.

**Please note:** there is a \$175 fee for this online course, payable to the University of Massachusetts when registering for the prerequisite.

- Participants must be tobacco-free for 6 months prior to attending the training.

## Who Should Attend?

The target audience for the training include the following:

Physicians, advanced practice providers, mental health counselors, addiction counselors, nurses, social workers, pharmacists, respiratory therapists, peer recovery coaches, and other health care professionals who work with tobacco and nicotine users.

**April 27 - 30, 2020\* | 9 - 4:30pm**

Lutheran Hospital  
7950 W. Jefferson Blvd,  
Fort Wayne, IN 46804

*\*All four training dates are required*

**Registration: \$450**

*Registration cost includes training materials, continuing education contact hours, and breakfast and lunch for all four training dates. Space is limited.*

**[CLICK HERE TO REGISTER](#)**

**Hosted in Partnership with**



## Continuing Education:

This training program has been **pre-approved for 23 CME/CEUs** and will be offered through the Indiana University School of Medicine Division of Continuing Medical Education. A general certificate of completion (23.0 total hours) will be available for other participants\*.



In support of improving patient care, Indiana University School of Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

**Nurses:** Indiana University School of Medicine designates this activity for a maximum of 23.0 ANCC contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity.

**Pharmacists:** Indiana University School of Medicine designates this activity for (ACPE UAN JA4008178-0000-20-022-L04-P, JA4008178-0000-20-022-L04-T) 23.0 ACPE contact hours. Pharmacists should only claim credit commensurate with the extent of their participation in the activity. Credit will be provided to NABP CPE Monitor within 60 days after the activity completion.

**Physicians:** Indiana University School of Medicine designates this live activity for a maximum of 23.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Social Workers:** Indiana University School of Medicine has been approved by the Indiana Social Worker, **Marriage and Family Therapist, Mental Health Counselor and Addiction Counselor** Board to provide Category I Continuing Education program. This activity qualifies for 23.0 Category I CEU as outlined by the Indiana Behavioral Health and Human Services Licensing Board.

**Peers:** \*ICAADA and MHANI recognize CEUs obtained from activities approved by the Indiana Professional Licensing Agency for CAPRC I & II Peer Recovery Coach and CRS/CHW credentials.

Indiana University School of Medicine (IUSM) policy ensures that those who have influenced the content of a CE activity (e.g. planners, faculty, authors, reviewers and others) disclose all relevant financial relationships with commercial entities so that IUSM may identify and resolve any conflicts of interest prior to the activity. All educational programs sponsored by Indiana University School of Medicine must demonstrate balance, independence, objectivity, and scientific rigor. \*Indiana University School of Medicine (IUSM) defines a commercial interest as any entity producing, marketing, re-selling, or distributing health care goods or services consumed by, or used on, patients.



## Questions?

Please visit [www.RethinkTobaccoIndiana.org/tts-trainings](http://www.RethinkTobaccoIndiana.org/tts-trainings) for more information or contact RTI program staff, Kayla Hsu at [kmhsu@iu.edu](mailto:kmhsu@iu.edu) or Debi Buckles at [dhudson@iupui.edu](mailto:dhudson@iupui.edu)



# TTS Core Training Agenda | April 27-30, 2020

**SPONSORED BY A COLLABORATIVE PARTNERSHIP BETWEEN:**

*Rethink Tobacco Indiana, Tobacco Free Allen County, Lutheran Health Network, Parkview Health, Nurse-Family Partnership of Goodwill of Central & Southern Indiana, and the Indiana State Department of Health Tobacco Prevention & Cessation Commission*

## **Monday, April 27<sup>th</sup>**

*BREAKFAST AND LUNCH WILL BE PROVIDED ON ALL TRAINING DAYS*

- 8:00 AM *Check-in & Breakfast*
- 9:00AM – 9:30AM **Introductions and Welcome**  
*Nancy Cripe & Tammy Taylor*  
*Tobacco Free Allen County*
- 9:30AM – 12:30PM **Bio/Psycho/Social Determinants of Tobacco Dependence**  
*Debi Buckles, BS, RRT, NCTTP*  
*IU Simon Cancer Center Tobacco Treatment Program*
- 1:30PM - 4:30PM **Pharmacotherapy for Treatment of Tobacco Use Disorder**  
*Karen Hudmon, DrPH, MS, RPh*  
*Purdue University College of Pharmacy*

## **Tuesday, April 28<sup>th</sup>**

- 8:30 AM *Check-in & Breakfast*
- 9:00AM - 4:30pm **Motivational Interviewing: Learning the Basics**  
*Ashley M. Jones, PhD, RN, NCTTP*  
*Nurse-Family Partnership of Goodwill of Central & Southern Indiana*

## **Wednesday, April 29<sup>th</sup>**

- 8:30AM *Check-in & Breakfast*
- 9:00 AM – 12:15PM **Guidelines for Systems and Professionals**  
*Regina Smith, MS*  
*Tobacco Prevention and Cessation Commission at ISDH*
- 1:00 PM – 4:30 PM **Treatment Strategies**  
*Kayla Hsu, MPH, CHES®, NCTTP*  
*Rethink Tobacco Indiana*

## **Thursday, April 30<sup>th</sup>**

- 8:30 AM *Check-in & Breakfast*
- 9:00 AM – 3:00 PM **Intake, Assessment and Treatment Planning**  
*Robin Coleman, RN, MPH, CLS, NCTTP*  
*Nurse-Family Partnership of Goodwill of Central & Southern Indiana*

**Completion of the TTS exam is required in order to receive a Certificate of Attendance and CEUs.**

The online TTS exam must be completed by **June 12, 2020.**

*Details will be provided during the training.*

